



Long-term goals:

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Career

Short-term goals:

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Long-term goals:

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Service to Others

Short-term goals:

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Long-term goals:

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Finances

Short-term goals:

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Long-term goals:

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Health and Fitness

Short-term goals:

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Long-term goals:

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Rest and Relaxation

Short-term goals:

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Long-term goals:

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**Step Three: Describe the specific things you will do to accomplish these goals.**

Spirituality

Action Plan:

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Relationships

Action Plan:

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Career

Action Plan:

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Service to Others

Action Plan:

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Finances

Action Plan:

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Health and Fitness

Action Plan:

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Rest and Relaxation

Action Plan:

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**Step Four: Schedule specific times you plan to take these actions. Some actions will be daily, and some will be weekly, monthly or annually.**